

2020 EVENTS HIGHLIGHTS



JANUARY

22nd

Nutritionist to speak in the Canteen
12-1pm

23rd | 30th

Running club to kick off in Jan



24th

Chinese NY lunch by CH&CO

29th

Free Bootcamp In the Big Room
12-1pm



FEBRUARY

13th | 14th

Valentine's Pop Up

25th

Free Pancake Pop Up CH&CO
12-2pm

MARCH

11th

Step Challenge

18th | 19th

Mother's Day Pop Up

24th | 25th | 26th

Table Tennis Competition



2020 EVENTS HIGHLIGHTS

APRIL

1st

Stress Awareness Month

6th | 7th

Easter Pop Up

22nd

Free Seed To Plate With Nurture

29th

Free Half Marathon Training Plans

MAY

6th

Meet the Bees



18th

Free Healthy Breakfast Giveaway

20th

Mental Health Talk

21st

Cycle Your Own Smoothie

27th

5-A-Side Football with a BBQ!

JUNE

3rd

Free Hanging Basket Making

18th | 19th

Father's Day Pop Up

24th

Free Make Your Own Herbs with Nurture

JULY

9th

Summer Party

